



# Vimukti Girls School

(A unit of Vimukti Sanstha)



## Newsletter: January-March 2019

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**Principal (Ex. Officio)**  
Vimukti Girls School

### Lamba Memorial Award for English Writing

**Lamba Memorial Award for English Writing** has been instituted with contribution from Ms Sujata Lamba, USA. This will be given every year to two girls in every section of each class whose overall performance in all the weekly writing exercises throughout the year is adjudged best. First prize carries Rs 500 each and the second prize Rs 200 each. This has been initiated with the help of EduGirls, USA.

Here is the list of winners for the session 2018-19 followed by samples of writings by the winners.

Class	Name of the Student	Position
4	Muskaan Kumari	1
4	Khushi Parwa	2
5	Anu Kanwar	1
5	Sanjana Jogi	2
6	Kanika Vaishanv	1
6	Kanishka Rathore	2
7	Laxmi Meena	1
7	Mehndi Pingolia	2
7	Anushka Meena	2
8	Neetu Sahu	1
8	Maheshwari Pingolia	2
9	Poonam Panwar	1
9	Seema Meena	2
10	Nikita	1
10	Ameesha Khateek	2
11	Kismat Nayak	1
11	Payal Mahawar	2
12	Kajal Tanwar	1
12	Preeti Mahawar	2

Congratulations to all the winners, well done!

**PS: Essays are reproduced here exactly the way they have been written by the students with no corrections made.**

## Winners' essays

### Advantages of Computer

Computer is the fastest machine. We can watch movies, cartoons, stories etc on computer. We can listen to any music of your choice on computer. We can understand Mathematics formulas. Computer helps us to understand various subject related topics online. We can save various documents, report card and files in computer. Computer is very useful in many ways.

**Muskaan Kumari, Class IV**

### Holi

Holi is a festival of colours. I enjoy a lot in this festival. We celebrate it on March. It is one of my favourite festival. We cook bhujya and many food items. I go to my friends house and enjoy with them. We go our neighbours home. Some people drink bhang and dance with others. Children put colours by using pichkari.

**Khushi Parewa, Class IV**

### Visit to a Zoo

Zoo is a place where different types of animals live together like – Lion, Tiger, Bear, Deer etc. Such type of animals we don't see daily and they don't move at public places so they kept in zoo. When we go to zoo we can see many different types of animals. They can be big and dangerous. One day I and my family went to zoo to see many animals. There are so many people and they making so much noise. When a white bear shouts so loudly everyone gets quite. After some time we all laugh very loudly. There are so many things to eat and drink like – Tea, Pani-puri etc. My family eats only Ice-cream and pani- puri. Really zoo is a very beautiful place.

**Anu Kanwar, Class –V**

### Internet's influence on Kids

Internet is good for us and also bad for us because some kids use it for art and craft and some use it for playing games and seeing videos. Internet is popular because old, young people and kids also use it. We use internet also for chatting on whatsapp, facebook and internet is also used for video calling. Parents did not give mobile phone to children because it affects children's mind. For this reason, children do not study and parents say them to study.

**Sanjana Jogi, Class –V**

### Effects of Polythene Bags

Plastic/polythene bags are very harmful for animals because we keep waste in plastic/polythene and throw outside. Animals on streets eat them and they die. Do not throw plastic things on the road. This is very harmful for animals. We cannot buy plastic things from shopkeeper. We can bring things like vegetables or fruits etc. in cloth bags. We should aware everyone to not use plastic/polythene bags. We should stop making polythene bags.

**Kanika Vaishnav, Class –VI**

### Importance of Forest

Forest is important because it is main part of our environment. If we save forest, we save our environment. Forest is very important for people; we find many animals in forest. It is main part of our life because forests give many things to us and also we get oxygen from trees, which is needed for breathing. People should not cut trees because trees are very useful for us. People should grow trees. We get fruits, vegetables, wood, medicines, rubber etc. from trees. They give oxygen to us. They purify air by taking carbon dioxide. We should plant more and more trees. I love forest.

**Kanishka Rathore, Class –VI**

### Journey to a Hill Station

I went to Jammu Kashmir and I saw Raghunath temple (mandir) where 33 Lords are present. I and my family went Kashmir hills. Kashmir hills are very coldest and there are many hills so we took many helpful things like torch, slippers, shoes, lotion, camera, medical box, brush and paste, some food items and very important thing is diary with me. We note in diary about what we do in my journey. Second trip is on Amarnath temple. Amarnath temple is in a cave. In this cave, slowly month by month a 'Shivaling' is made of ice.

**Laxmi Meena, Class –VII**

### School Exhibition

On the day of Exhibition, we made many projects and models subject wise. In Social Science subject projects like biosphere, food chain etc. In Science subject projects like water purification, balanced diet etc. When the guests come, we show our projects and explain them. They ask questions related to projects. First of all we tell them the project's name and then we explain how it works and then what is it's need and where it is found. We explain this project in Hindi and English both.

**Mehandi Pingoliya, Class –VII**

### If animals could talk

If animals could talk than I think they could tell about humans and differentiate that how humans walk with two legs and they walk with four legs. They could see that humans eat food with their hands which they would think is not fare to them. Furthermore, they would think why are they not similar to humans as they eat good food and wear beautiful clothes. Also, they have beautiful looks and pretty smile but sometimes they are very selfish.

**Neetu Sahu, Class VIII**

### One Day with your favourite Super star

My favourite Super Star is Mr. Utkarsh Sharma. He is not a popular star. I like his dressing sense and his personality. He looks smart. He has acted only in 4 or 5 movies. If I get a chance of meeting my favourite super star in reality I will first pinch myself, then I will go and enjoy with him in many places and ask him many question on his success and failure. We both will go in seven star hotel and eat variety of food items there. I will click lots of selfy and pictures in my phone. We will go to many places. I think many people don't know about my superstar, he keeps himself faraway from public.

**Maheshwari Pingolia, Class VIII**

### Road accidents, causes, affects and remedies

Road accidents main causes are not following traffic norms. Drivers do not follow rules while driving. Vehicles collide with another vehicle. It means due to road traffic minor or major injuries are caused. Major causes:- Causes of road accident can be fast speed of vehicle, carelessness of driver, drinking while driving, not following the traffic rules, ignoring of wearing helmet and seat belt while driving. Affects:- Affect of road accident can be both on our state and on country. Injury can occur to the person and also affect their families. Remedies:-Road accident can be saved from wearing helmet or seat belt and follow the instruction. Walk on zebra crossing to cross a road. Do not drive when you are not conscious, use indicator while changing lane.

**Poonam Panwar, Class IX**

### If you are going to have only one hour left in your life which Five things would you like to do

If I have one hour left in my life, I would like to spent some time with my family and friends. Also, I would like to dance with my friends. I would like to sing a song and listen to my favourite song with my sister. I would also read my favourite book. The last thing is I would like to do is watch television and eat food from my mother's hand.

**Seema Meena, Class IX**

## Winners' essays continue...

### Library and it's uses

Library is very useful and good place for us. In library we read many books and magazines. Library is good place for studying. In library we should keep. There are many old books, historical books for reading. We get books on rent from library for reading at home. We read poems, stories and comics. The books which we get must also returned at fix time. If we are not returning it, so we have to pay some late fee. Don't use mobile phones in library. If we get bored so we can go in library and librarian explain us many things that we don't know. If we go to library we get more knowledge about history and world.

**Nikita, Class – X**

### Child Labour

Child labour is a big problem. We should stop it. Reasons:- After father's death, children are doing labour in young age. Any orphan children are doing labour work because they are alone and they have no support. Effects:- Bad effect on child is that his future becomes worse. These children are not educated. Some people kidnap these children and they are doing labour like begging. In this way every child future's is in danger and always feels sick. He cannot progress. Types:- In factory, in hotels, restaurants etc. Remedies:- When any person see that child is doing work than they should asked him, when he is giving his self introduction and self information after that we must inform to police. Government should support him and help him. Present time many Government Schools are available in our country for education. I want to say Police should be very strict and criminals to be punished.

**Amisha Khateek, Class – X**

### A visit to Printing Press

Two months ago, we went to Patrika Printing Press factory. We went by bus with my teachers and friends. We saw many big machines in factory. Many workers work in factory. We learnt that how our newspapers print. My sir gave knowledge about the newspapers. We learnt that which colours are used in printing the newspaper. Worker set a big paper roll in machine then machine starts for printing the newspaper and we get many bundles of newspaper. We enjoyed this moment. We returned in our school by bus.

**Kismat Nayak, Class – XI**

### Importance of Friends

Friends are very important in our life. Friends are helpful in any places like- schools, colleges etc. God has gifted many friends but some friends are very important. Friends give many advices in any problems, help in many crises. We can trust on friends. Friends give a happy moment. We can share hidden talk and communicate. We can share many personal problems in our life. I think friends are our most important in our life.

**Payal Mahawar, Class – XI**

### Benefits of Nutritious food

Food gives us proteins, vitamins and many other minerals to do any work. To stay fit and healthy we require nutritious food. We get proper eye sight, glow on our face and body and develop strong bones by eating nutritious foods. For proper digestion of our body we need to take nutritious food.

We eat food to get energy .Food is very important for everyone as we cannot survive without it. We get food from both plants and animals. Nutritious food gives us a balance diet. We should eat green vegetables like spinach, cauliflower, lady finger and many green leafy vegetables for healthy living.

**Kajal Tanwar, Class XII**

### Importance of Teacher

For any country, the future of success or the progress of their people lies in the teacher's hand. What we become in our life that also depends on our teacher guidance. While explaining any relevant topic the teacher always tries to give the best information and related data to his students. Therefore, the teacher has an important part in our life to get success. In India we celebrate Teacher's Day on 5<sup>th</sup> of September every year. But today, the teacher is not getting that respect which he/she deserves. The youth's thinking and behaviour is opposing to their own progress for the society. In school's on Teacher's Day, all the students are celebrating Teachers Day but the most important point is to follow guidance provided by their teachers.

**Preeti Mahawar, Class XII**

## Campus Hulchul



Thank You St. Soldier Pratap Nagar for inviting VGS and supporting us



VGS students attended Jaipur International Film Festival at Dolphins School, Pratap Nagar on 19<sup>th</sup> January



Republic Day Celebration



Farewell to class XII



Drawing competition organised by Sysnet Global Technologies Pvt. Ltd. on the occasion of International Women's Day



UCO Bank, Jagatpura visit by classes IX & XI on 14<sup>th</sup> March

## VISITORS

- Ms. Jyoti Minocha and Ms. Priti Jain, supporters of EduGirls, USA visited on 5th February
- Mr. Bruno Laporte and Ms. Victoria, supporters of EduGirls, USA visited on 20th February
- Dr. Jayesh Dayal and Ms. Seema Dayal, supporters of EduGirls, USA, visited on 2nd March

## SUPPORT VIMUKTI

Annual sponsorship per student Rs 12,000. You can sponsor as many students as you wish to.

Or you can give any amount as general donation.

If you wish to send us a cheque, it should be in the name of "Vimukti Sanstha"

If you wish to make online transfer

a) Rupee contributions to be made to :

Vimukti Sanstha

Axis Bank Ltd., Tilak Nagar Branch, Jaipur- 302004, Rajasthan

A/C No. 031010100176781, IFSC Code - UTIB0000031

b) Foreign currency contributions to be made to :

Vimukti Sanstha (FCRA),

Axis Bank Ltd, Tilak Nagar Branch, Jaipur-302004, Rajasthan

FCRA Registration Number 125560226,

A/c No. 911010006845902, IFSC Code - UTIB0000031

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